Metropolitan State University Student Resources

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As Metropolitan State University grows, it endeavors to provide support to its diverse and ambitious student body and their equally diverse needs. Because of this, Metro continuously works to develop new departments and services for students to utilize. The list below highlights a few of the services that the university offers.

**Center for Academic Excellence**

The Center for Academic Excellence is a free tutoring service “devoted to cultivating student success and helping students achieve their academic goals.” Peer, graduate and faculty tutors work one-on-one or in small groups to provide sessions on math, writing, Java, science, logic and resume writing. Tutoring is available on the St. Paul, Midway, Minneapolis and Brooklyn Park campuses. For more information, students can contact the Center via email at [centerfolk@metrostate.edu](mailto:centerfolk@metrostate.edu), by calling 651-793-1460 or by visiting the Center for Academic Excellence’s website at metrostate.edu/msweb/resources/academic\_ss/cae/.

**Reference Librarian**

The reference librarian is a great resource for any research project. No matter your level of Internet savvy, the reference librarians are skilled at everything from narrowing search results by using Boolean terms to retrieving hard-to-find information in various databases. Any student interested in learning more can visit the reference desk on the first floor of the St. Paul Campus library or visit the library’s website, where you can chat live with librarians, at metrostate.edu/msweb/resources/library/services/students.html.

**Student Counseling Services**

Life can be stressful, especially when you’re in college. Metropolitan State offers students free counseling services. Staff members strive to “provide opportunities to increase self-knowledge and develop greater self-awareness, self-understanding, independence, and self-direction in many areas” through confidential individual, group and workshop sessions. Students can learn more and even take a free, private mental health screening inventory at the Student Counseling Services website at metrostate.edu/msweb/pathway/counseling\_services/.

**Other Resources**

This is just a short list of resources provided to Metro students, there are many more services available, including the Career Development Center, the Student Parent Center, Lynda tutorials, Disability Services and Trio Student Support Services. One of the best ways to learn about what services are available to you is to talk to you academic advisor, so schedule an appointment today to find support services for your needs.